



BC Pages

Newsletter of the B.C. Psychogeriatric Association



Co-Presidents' Report

Greetings to all the readers of BC Pages from your new BCPGA Co-Presidents – Nancy Jokinen and Dawn Hemingway!

We are both social work professors at the University of Northern BC and have been active in the BCPGA and with related research, practice, teaching and seniors' organizations for many years. Our tenure as Co-Presidents began with the April 2013 Conference and AGM held in Victoria. For those who attended, you know the superb job done by the Conference Organizing Committee. It was a wonderful time for learning, exchanging ideas and just connecting with colleagues from all over BC and across many disciplines. The work of our Association is truly a team effort; so much appreciation also goes to both continuing and new BCPGA Board members.



Following almost immediately after the Conference came the May 2013 provincial election. As part of BCPGA's ongoing advocacy work, the Board came together to draft and send a letter to all political parties. The letter highlighted issues of concern regarding the mental health and wellbeing of older-aged British Columbians and sought the views of both parties and individual candidates. We know that some of you also used the letter to raise questions and make statements at all-candidate meetings and in other venues across the province. We have included the letter in the "Advocacy Corner" section of this

newsletter in hopes that you'll find the content and links useful in your ongoing day-to-day work.

We are also excited to let everyone know that BCPGA's new website will be launched very soon. Huge thanks go to Board member Laura Booi, and to all the other Board members who have contributed to its development.

Another big decision made by the Board following the annual conference was to revert back to being a 'working' Board because the staff position we had for several years was funded through a couple of projects that are now finished or winding down. Anthony Kupferschmidt had assumed the staff position as Executive Director and, on behalf of everyone, we want to express our gratitude to him

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for his invaluable work as BCPGA Executive Director over the years. By invitation, Anthony is now a member of the BCPGA Board of Directors, a position he held prior to being Executive Director. As a working Board, we may from time to time call upon members of the Association to help with specific tasks. Certainly, if you have an interest in a particular area, please do connect with Board members to get involved. We also want to thank Anthony for his assistance, along with that of Past-President John Gray – and other Board colleagues, as we transition into the position as Co-Presidents.

Coming up soon is the Canadian Association on Gerontology Conference in Halifax, October 17-19th, at which BCPGA will be hosting a symposium speaking to our work - especially our research initiatives and related policy and practice implications. As well, many BCPGA members will be attending the conference to present on topics related to their own research, teaching and practice.

The new BCPGA Board will convene a face-to-face meeting at the beginning of October to finalize specific plans for the coming year as discussed at the AGM and subsequently. Importantly, the 2014 BCPGA Conference and AGM – *Supporting Transitions in Seniors' Mental Health* – takes place on May 2nd and 3rd in Richmond (see the “Save the Date” announcement in this issue).

In the meantime, please forward to us any ideas about things you would like to see addressed in the ongoing work of the BCPGA, including at the Conference. As the new Co-Presidents, we welcome your thoughts and suggestions. We can be reached at: Nancy.Jokinen@unbc.ca or Dawn.Hemingway@unbc.ca

With best wishes to everyone...Nancy Jokinen and Dawn Hemingway

The British Columbia Psychogeriatric Association (BCPGA) is a professional, multi-disciplinary, not-for-profit organization.

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Board Members for 2013-14
Co-Presidents: Nancy Jokinen & Dawn Hemingway
Past Presiden: John Gray
Secretary: Nancy Wellwood
Co-Treasurers: Bonnie Tateham & Anthony Kupferschmidt
Elisabeth Antifeau
Jeanette Boily
Laura Booi
Penny MacCourt
Jeannie Murko-Wurst

New Website for BCPGA

The BCPGA is excited to announce the launch of its new website for Fall 2013. Our new site has a password protected area exclusively for BCPGA members. In this area you will find our current and past newsletters as well as research and publications supported by BCPGA endeavours. The members' only area will also have links to useful advocacy materials and resources endorsed by BCPGA. The password for the member's only area is BCPGA (all caps lock). Our site will also be linked to our new Facebook and Twitter accounts. Follow us on these social media outlets for up to date information relating to Psychogeriatric issues in BC. Please check out our new site this fall at www.bcpga.com.

Subscribe to E-News from the Office of the BC Ombudsperson

The Office of the BC Ombudsperson has recently installed a 'subscription to e-news' on their website. Anyone interested in receiving notifications of a release of a systemic investigative report, updates on recommendations and periodic news from the Office of the Ombudsperson is invited to sign up by going to www.bcombudsperson.ca and clicking on “Subscribe to E-News.”

Letter to the Candidates

Leading up to the May 2013 British Columbia provincial election, the BC Psychogeriatric Association sent a letter to all political parties requesting that they and their candidates consider and respond to a number of questions and issues posed by BCPGA. A copy of the letter is provided below. We hope that you will find the information and links useful in your own work and day-to-day advocacy on behalf of older adults across our province and beyond.

Nancy Jokinen & Dawn Hemingway
Co-Presidents, British Columbia Psychogeriatric Association
c/o UNBC School of Social Work,
3333 University Way, Prince George, BC V2N 4Z9
April 29, 2013

Question to Parties & Candidates in BC Election 2013
Re: Mental Health Services for Older British Columbians
Dear Representative of a Provincial Political Party:

The British Columbia Psychogeriatric Association (BCPGA) is a non-profit professional interest group composed of geriatric psychiatrists, physicians, nurses, social workers, psychologists, researchers, educators, therapists and others. Our goal is to enhance quality of life of those experiencing mental health issues in later life through information sharing, advocacy, research and education. Services for older British Columbians generally, and in particular for those with mental health issues such as depression, delirium, dementia, schizophrenia, and anxiety, are far from adequate in BC. This includes inadequate services for older adults experiencing mental health issues or trying to maintain their mental health, but also services that support both family and professional caregivers.

On behalf of BCPGA and the many seniors and families who need support, we request that you address this important question: As a registered party in the current provincial election, how would you take into account the analysis and recommendations of the BC Psychogeriatric Association (BCPGA), outlined below, when improving policies and funding in the area of seniors' mental health?

RECOMMENDATIONS

A. The Provincial government takes a lead role in working with the Health Authorities, non-profit and professional associations to:

- Implement recommendations in "Meeting Mental Health Needs of Seniors in British Columbia" Resource Document 2012. See: <http://www2.gov.bc.ca/assets/gov/topic/AE132538BBF7FAA2EF5129B860EFAA4E/pdf/meetingseniorsmentalhealthneeds2012.pdf>
- Further develop and implement "The Provincial Dementia Action Plan" taking into consideration Jim Mann's "Push for a Plan" to address the needs of persons with dementia and their families. See: <http://www.health.gov.bc.ca/library/publications/year/2012/dementia-action-plan.pdf>; <http://www.alzheimerbc.org/We-Can-Help/Advocacy/Raise-Your-Voice.aspx>

- Implement "Improving BC's Care for Persons with Dementia in Emergency Departments and Acute Care Hospitals". Many people with mental health problems, especially with dementia, and their families are not well served by the current acute care system. See: <http://www2.gov.bc.ca/assets/gov/topic/AE132538BBF7FAA2EF5129B860EFAA4E/pdf/improvingcaredementia-report2011.pdf>
 - As per the BC Ombudsperson's recommendations and the voices of seniors and their families, assist seniors to continue to live at home by expanding home support and making available other related services. See: http://www.ombudsman.bc.ca/images/resources/reports/Public_Reports/public_report_no_46.pdf
<http://www.ombudsman.bc.ca/seniors/seniors-care-investigation/seniors-report-part-two>
 - Appoint a Seniors' Advocate similar to the current Children's Representative with the mandate, resources and independence to investigate and recommend changes as needed.
- B. The provincial government in partnership with the service delivery and education systems should take a lead role in:
- Promoting the values and recommendations reflected in the previously mentioned documents (and other relevant materials) via work with health authorities, professional associations, non-profit interests groups, the BC Ombudsperson, Seniors' Advocate, seniors' organizations and other stakeholders, as appropriate.
 - Integrating and referencing these documents in the 10 year mental health plan and evolving the plan to meet the needs of the increasing numbers of older people in BC.
 - Addressing funding needs.
 - Facilitating educational initiatives aimed at updating not just clinicians but also managers, clients and families of clients on the issues.
 - With the Health Authorities, setting up non-complex methods of monitoring how successfully the recommendations are being implemented and encouraging plans for improvement.

Developing the documents, while necessary, is the easy part. The challenge is to create the mechanisms and provide resources that ensure the values take hold and recommendations are implemented. Implementation also requires monitoring to identify successes as well as future challenges and needs. The provincial government has a huge role to play in supporting the mental health and wellbeing of older adults in British Columbia. We look forward to working with everyone who wishes to ensure this quality of life for BC seniors.

Thank you for considering our important question. Please be specific in your responses. We will be compiling responses for distribution to our members across British Columbia prior to May 12th. Your responses can be e-mailed to BCPGA Co-Presidents Dr. Nancy Jokinen (Nancy.Jokinen@unbc.ca) and Professor Dawn Hemingway (Dawn.Hemingway@unbc.ca).

Yours sincerely,
Nancy Jokinen & Dawn Hemingway

Brain Fitness – New Kid on the Fitness Block

“Improve your brain performance and live a better life” (Luminosity)
“Get your brain going!” (PositScience)
“Learn to flex your mental muscle” (eyeQ)
“Happy Neuron – Brain fitness for life”

Have you seen ads like those above? Among the many services and products now being aimed at the aging boomer generation are computer programs, games and regimens that claim to improve memory and other cognitive functions. Brain Fitness has entered the era of Big Business. One example is Cogniciti, a Toronto-based joint venture between Baycrest Health Sciences and the MaRS Discovery District. Cogniciti is preparing to launch a new online memory assessment tool in the fall. This new program, say the developers, will tell users whether their memory is normal for their age and will track memory performance over time so the user can see if there is a decline. The company believes that this kind of at-home checkup tool will help alleviate health care costs by diverting people away from unnecessary visits to hospitals and doctors’ offices while helping those with dementia symptoms seek help sooner.

Brain fitness has become a hot topic in the computer world which is quickly responding to such information as that of the Alzheimer Society of Canada prediction that 1.4 million people will have Alzheimer’s Disease and other dementias by 2031. The burgeoning “new wave” of products and services aimed at this population is estimated to be worth \$4-\$8 billion by 2020.

Alvaro Fernandez, CEO of California-based SharpBrains, an independent market research organization, foresees a world where people will enlist the help of “brain fitness trainers” to sharpen their minds. And it’s not just older people who will tap into these products; younger people, athletes in particular, will use tablets and smartphones, he says, to check whether they’ve experienced a concussion. But Fernandez notes that while there are dozens of training regimens that promise to improve memory and other cognitive functions, there is a lack of clinically tested assessment tools. That’s the gap that Cogniciti is hoping to fill.

However, research on whether or not these new brain fitness products work is controversial, and the scientific support for the concept of “brain fitness” is limited. One review of cognitive training, *Healthy Brain Aging: Role of Cognitive Reserve, Cognitive Stimulation, and Cognitive Exercises* (2010) by Asenath La Rue, PhD, concluded that “There is currently no metric for measuring cognitive stimulation or comparing the relative stimulating properties of different cognitive activities... The practical impact of cognitive training programs remains to be demonstrated... [and] There is no evidence yet that cognitively stimulating activities or cognitive training programs delay or prevent dementia.”

www.wai.wisc.edu/research/brainfitness.html

Invitation to join CLeAR Partnership Alliance

Dear BCPGA Members,

As you may be aware, the BC Patient Safety & Quality Council recently launched CLeAR – a Call for Less Antipsychotics in Residential Care. Our aim is to achieve a 50% reduction in inappropriate antipsychotics in residential care by December 31, 2014. This will be accomplished through a voluntary and partnership-based quality improvement initiative directed at those who work in or otherwise support residential care facilities. The vision of CLeAR is to enhance the dignity of seniors in residential care who exhibit behavioural and psychological symptoms associated with dementia by working collaboratively with facilities throughout BC to provide care that is individualized, non-pharmaceutical and evidence-based.

We have 50 residential care facilities that have joined CLeAR as an Action & Improvement Team – facilities who will be actively working to improve and change practice to reduce inappropriate antipsychotic use at their site. As well, we have 46 organizational partners and 84 individuals who have also joined. More detailed information can be found on the BC Patient Safety & Quality Council website: <http://bcpsqc.ca/>

The key to success for this work is the commitment and participation of organizations working together. We are writing to invite the BC Psychogeriatric Association to participate as a member of a Partnership Alliance that will provide a key role in the CLeAR initiative in providing overall guidance to the initiative. This includes the following responsibilities:

- Champion and facilitate the vision and aims of CLeAR;
- Build a culture that values learning as a pathway to improving quality of residential care;
- Provide guidance to CLeAR as the work unfolds, including timelines, focus, and future work;
- Identify and support opportunities for alignment with the vision and aim of CLeAR; and
- Communicate common messages by representing CLeAR within their respective organizations.

We hope that you will be able to join us! We anticipate that meetings will be held via WebEx teleconference and will occur once per quarter.

Another key date to mark in your calendar is our CLeAR Kick Off event which will be held in Vancouver on October 9, 2013. Details will be sent out shortly for this full day in-person event.

Please let me know if you have any questions. We look forward to hearing from you!

Christina Krause
BC Patient Safety & Quality Council

Gerontological Nurses Association of BC: 2014 Conference Call for Abstracts

The 2014 Conference and Annual Meeting of the Gerontological Nurses Association of BC (GNABC) will be held April 4-5, 2014 at the Laurel Point Inn, Victoria. The theme for the conference is *Seniors Living at Risk – “Whose Choice Is It Anyway?”*

This call for abstracts invites gerontological nurses and other disciplines to submit papers, posters and possible verbal presentations related to the challenging and ethical issues of risk choices being made by older adults. Abstracts welcomed must be related to the sensitive issues among seniors in the community as well as in facilities. Who decides what is tolerable or intolerable?

We seek to hear from those working in mental health, community, acute and complex care, caregivers, as well as stories related from personal experience. We seek innovative practices, research projects and findings, advocacy and educational programs. We seek practical educational teaching to assist those attending the conference who are personally discouraged and overwhelmed in their practices dealing with seniors who choose to live at risk. We desire all attending the conference will leave having gained some practical knowledge which can be applied to their practice as well as personally in their lives as care givers.

Instructions for submitting abstracts

1. Abstracts must be submitted in English or English and French.
2. Research abstracts should include the following information: rationale, problem, methodology, findings and implications. Please indicate in the abstract if the research is in progress.
3. Program and project initiative abstracts should include the following information: rationale, description of the purpose, goals, method of implementation, results and implications.
4. The text should be single-spaced and not exceed 250 words.
5. Deadline for abstract submissions is September 30, 2013.
6. At the time of abstract approval, further information will be required on whether there will be a need for audio/visual equipment or other such requirements. Applicants will be notified through email by October 31, 2013.
7. All presenters are expected to register for the conference.

Email abstract(s) or questions about the conference to:
Wendy Campbell wendylcampbell@shaw.ca

RESEARCH NEWS

Driving and Dementia: Development of an Interactive Toolkit for Use with Caregivers*

Under the supervision of Holly Tuokko, Ph.D., Director of the Centre on Aging, University of Victoria, Alexandra Jouk, a 4th year UVic doctoral student in clinical neuropsychology, is looking to the arts as a new way to support dementia caregivers. For her upcoming dissertation study, Alexandra will be conducting focus groups with informal (e.g., family members, friends) and formal (e.g., health care professionals) dementia caregivers to directly incorporate their needs into an interactive toolkit. The toolkit will consist of a research-based applied theatre production in DVD-format, entitled "No Particular Place to Go", plus an accompanying viewer guidebook and additional supporting materials. Content from the focus groups will inform the viewer guidebook and supporting materials. The completed toolkit will be available in print- and web-based forms.

If you are a health care professional who has worked with individuals with dementia and/or their families and have come across the topic of driving safety in your practice, your participation is greatly needed in this important research. Focus groups will be held either at the University of Victoria or other convenient community venues. It may be possible for sessions to occur in Vancouver, Sidney, Nanaimo, or any other locations outside of Victoria if there is enough interest. Alternatively, phone interviews may be arranged. Focus groups/interviews will last approximately 60-90 minutes. You may be asked to view the DVD, "No Particular Place to Go". Recruitment will be ongoing until enough interest has been obtained. As a thank-you for your participation, you will receive a hard copy of the toolkit once it has been completed. To be a part of this study or for more information, please contact Alexandra Jouk at 250-532-6361 or ajouk@uvic.ca (email preferred). Thank you for your interest and participation in this exciting research.

*Funded by: Alzheimer Society of Canada;
Canadian Dementia Knowledge Translation
Network; Sara Spencer Foundation

**British Columbia Psychogeriatric Association
2013 Annual General Meeting - April 26, 2013
Comfort Inn, Victoria, BC
Draft Minutes for Discussion at 2014 AGM**

Present: John Gray, Penny MacCourt, Bonnie Tateham, Anthony Kupferschmidt, Elisabeth Antifeau, Anne Earthy, Anthony Kupferschmidt, Nancy Wellwood, Dawn Hemmingway, Nancy Jokinen, Laura Booi, Betsy Lockhart, Carol Mooring, Nancy Gnaedinger

Call to Order: Meeting called to order by President, Dr. John Gray at 4:30 PM

Approval of Agenda: Motion to approve agenda: moved by Bonnie Tateham, seconded by Penny MacCourt. Carried.

Approval of 2012 minutes as circulated. Moved by Bonnie Tateham, seconded by Carol Mooring. Carried.

Business Arising from 2011 AGM minutes: No new items.

President's Report: circulated by John Gray
John summarized some of the past years activities. The association is sponsoring the national project "Supporting Caregivers of Older Adults: Tools for Service Providers, Program Planners, Educators and Policy Makers". We are also distributing throughout BC a resource guide; "Meeting Seniors Mental Health Care Needs in BC. We contracted personnel to develop a resource library on dementia which was completed in the allotted time.

The association has developed partnerships with the

- BC Alliance of Mental Health in BC – to advocate for elders with mental health conditions
- Canadian Gerontological Nurses Association (CGNA).

John reminded us that the communications team does produce regular newsletters, updates the website and organizes the annual conference.

The President thanked Bonnie Tateham and her team of Jan Robertson and others for making this conference a success.

Motion to accept report: John Gray and seconded by Nancy Jokine
n. Carried.

Treasurer's Report given by Bonnie Tateham

- Reporting on the fiscal year April 1, 2012 to March 31, 2013.
- The General Account - Beginning of the year: \$28,000; End of the year: \$32,000
- Total income & expenses are typically comparable from year to year
- Other accounts were maintained for each of the grants:
 - General Research account
 - Caregiver toolkit completion – (\$60,000 over 4 years)
 - We continue to monitor the relationship with IATS (International Automated Transaction Services) a Vancouver based company that specifically serves not-for-profit organizations.
- The only major expense we are managing is redesign of

our website. Question: When will we be able to register on line? Answer – hopefully it will be built into the website!

Motion to approve report: Bonnie Tateham, seconded by Dawn Hemmingway

Executive Director's Report: Anthony Kupferschmidt

- Role is to represent BCPGA with other organizations
- Anthony is our rep on the BC Alliance, an association of 20 agencies yet the only voice for older persons.
- Involved with the action team looking at the BC Government's 5 Year Substance & Mental Health Plan. The goal is to:
 - Improve systems
 - Promote privacy, confidentiality and information
 - Stigma & prevention
- Joined BC Substance Use for Knowledge Exchange
- CAG: our poster was displayed at this conference. We will have a presence at CAG's next year's meeting in Halifax

Projects:

- Contract with Ministry of Health for Dementia Practice Resource – Dementia library. Developed Implementation plan to assist a) Those with Dementia, b) caregivers and c) care providers
- Caregiver Toolkit and Caregiver Policy Lens. CD's available at the registration desk
- Cancer Detection and Screening for Sr's. A DVD and facilitator Guide are available.

Potential Award: We submitted an application to CIHRI for a Betty Haven Award. We were not successful but received very good feedback which will assist with the next application. Report moved by Anthony and supported by all in attendance.

Committee Reports:

1. **Conference Committee.** Submitted by Bonnie Tateham
 - This successful conference was organized by a team of Bonnie, Janet Robertson, Kristen Kristenson and the assistance of 3 students
 - Sixty-two have registered for the conference
 - Bonnie thanked the BCPGA board for its support and program suggestions
 - Fortunate to have 3 major sponsors: Novartis, SCA Hygiene and Purdue
 - A suggestion was made to circulate slides from presenters
 - A list of attendees is available at the registration desk
 - Report accepted by all that were present
2. **Advocacy:** Elisabeth Antifeau, Carol Mooring
 - An election document has been prepared. All BCPGA members are encouraged to circulate to their candidates. Dix has made statements such all residents shall receive 4 baths a week but we wish to know how he will fund this?
 - Report accepted by all that were present

Minutes cont'd on p.7

Canadians Urge Governments to Cooperate on a National Strategy for Seniors Health Care

Ottawa, Aug. 19, 2013 – Nine out of 10 (93%) Canadians believe Canada needs a pan-Canadian strategy for seniors health care at home, hospitals, hospices and long-term facilities, the Canadian Medical Association's (CMA) 2013 National Report Card on health issues has found.

In addition, an equal number believe a comprehensive strategy for seniors health care would improve the entire system by keeping elderly Canadians at home as long as possible, thereby lightening the load on hospitals and long-term care facilities, the Ipsos Reid poll found.

Nine out of 10 respondents (89%) believe a national strategy for seniors should involve federal, provincial, territorial and municipal levels of government. And four in five (78%) believe the federal government has an important role to play in developing the strategy.

Research shows that it costs \$126 a day to provide care for a patient in a long-term care facility, versus \$842 a day in a hospital. Of course, making it easier for elderly Canadians to stay at home while getting the care they need would be the preferred and most cost-effective option.

“The results of this year's CMA report card send a clear and direct message to policy-makers and public office holders that all levels of government need to act to address the demographic tsunami that is heading toward the health care system,” said CMA President Dr. Anna Reid.

Just four out of 10 (41%) believe hospitals and long-term care facilities can handle the needs of seniors in their area who will not be able to stay at home. The same proportion of Canadians says they are confident in the current health system's ability to serve Canada's aging population.

The poll, conducted between July 17 and July 26 by phone with 1,000 Canadians 18 and over, found that four in five (83%) Canadians thought their health care in retirement years was a concern.

Seventy-nine per cent were concerned about having access to a high quality acute care system, while 77% were concerned about access to high quality home care and long-term care. The results show a majority (63%) believe home and community care should be the most important focus for governments when improving health care quality for senior citizens.

“The anxiety Canadians have about health care in their so-called golden years is both real and well-founded,” Dr. Reid added. “Let there be no doubt that a national strategy for seniors health care should be a federal priority.”

The poll has a margin of error of 3.1 percentage points plus or minus at a 95% confidence level.

From: www.cma.ca/advocacy/cma-media-centre

Minutes cont'd from p. 6

3. **Communications:** - Lauri Booii

- Newsletters have been circulated several times throughout the year
- The BCPGA Banner was sent out to a variety of conferences in Prince George and in the Lower Mainland. There was discussion about creating BCPGA pins
- Now is prepared to demonstrate a mock up of the revised web site to the board!

Report accepted by all that were present

4. **Partnerships:** Anthony Kupferschmidt

- Mental Health Commission of Canada
- Public Health Agency of Canada – Division of Aging and Seniors
- HRSCC???

Penny moved, Elisabeth seconded. Report accepted

5. **Practice Support:** Elisabeth Antifeau, Carol Mooring

- Approved focus: Inappropriate Use of Psychotropic Drugs
- To develop practice statements on new interdisciplinary statements from the province
- New provincial BPSD statements. Carol Ward developed a consensus algorithm and links – more than half way completed
- Reviewing Care and Quality Safety council statements
- Reviewed Chris Rocher's CLEAR
- There is a new and revised definition of chemical restraint – members should review
- Seniors in Hospital Care project (48 -6) 48 hours & 6 key areas.

6. **Membership:** Anthony Kupferschmidt

- 150 members at this time.
- Mostly from VIHA as a result of the conference
- RN's – 55%, next group is Social workers
- Most members are involved in clinical work or community outreach
- Dawn moved and Nancy Jokinan seconded approval of report. Carried.

7. **Research:** Nancy Jokinan

- Encouraged members to review the website for new initiatives
- Perhaps focus on the next conference could be on Research

8. **Students:** Lauri Booii

- A student data base is available with list of students from the universities and students profiles
- Encouraged to look at other disciplines as well

9. **Governance:** John Gray

- By Laws reviewed with no changes

10. **Nomination of Board Members:**

- Thank you to outgoing board member: Anne Earthy
- Thank you to John Gray, our fearless president who is stepping down from this role.
- Dawn Hemingway and Nancy Jokinan will co-chair the President position. All other board members will remain with the addition of Jeannie Murko-Wurst. No other nominees from the floor. Thus board members will continue by acclamation.

Meeting Adjourned: The meeting adjourned at 5:25 PM



SAVE THE DATE!

Supporting Transitions in Seniors' Mental Health

18th Annual Conference

BC Psychogeriatric Association

Fri, May 2nd & Sat am May 3rd, 2014 - Richmond, BC



EXECUTIVE
AIRPORT PLAZA
HOTEL & CONFERENCE CENTRE
RICHMOND VANCOUVER BC

BCPGA is a provincial multidisciplinary organization of clinicians, researchers and educators interested in sharing their expertise with the goal of supporting the mental health and wellness of persons in their later years.

Join your colleagues to discuss common issues in caring for older adults and ways to address them through clinical practice, policy and research. The conference will focus on a variety of transitions that can occur in late life and their impact on seniors, caregivers and those providing services. Changes in physical, social and/or cognitive functioning can result in crises with devastating impacts on seniors and their caregivers and that challenge capacity of the service system to provide appropriate care. Initiatives to reduce negative effects of transitions, strategies to avoid crises associated with transitions and crisis management techniques will all be explored.

For further information: Anne Earchy, Conference Co-Chair: aearchy2011@gmail.com; Dawn Hemingway, BCPGA Co-President: Dawn.Hemingway@unbc.ca; Nancy Jokinen, BCPGA Co-President: Nancy.Jokinen@unbc.ca